

Party Trays

Breakfast Sandwich Tray.....\$8.99

Make it with Bagels, Croissants, Kaiser Rolls and Rye Bread. Sandwiches made with Flour Tortillas are \$1.00 extra. All Sandwiches are cut in half, wrapped and labeled.

Prepared Sandwich Tray.....\$9.50

Egg Salad, Tuna Salad, Chicken Salad, Turkey & Cheese and Corned Beef & Cheese. Make it with Bagels, Croissants, Kaiser Rolls, Flour Tortillas and Rye Bread.

One Dozen Bagel Tray.....\$38.49 + Tax

Includes: 1 Container of Butter, 1 Container of Plain Cream Cheese, 1 Container Flavored Cream Cheese and assorted Jellies.

Two Dozen Bagel Tray.....\$60.99 + Tax

Includes: 1 Container of Butter, 2 Containers of Plain Cream Cheese, 1 Container Flavored Cream Cheese and assorted Jellies.

Bagel Varieties

\$1.65 per Bagel / \$17.99 per Baker's Dozen

Plain • Egg • Whole Wheat • Six Grain • Rye
Pumpernickel • Over the Rainbow • Marble
Blueberry • Chocolate Chip • Cinnamon Raisin
Garlic • Onion • Salt • Poppy • Sesame • Everything
Whole Wheat Everything • Sugar Cinnamon Raisin
French Toast

Sweet Trays

Assortment of Crumb Cakes, Brownies, Danish and Muffins.

20 Halves	\$26.99 + Tax
30 Halves	\$36.99 + Tax
40 Halves	\$47.25 + Tax

Fruit Trays

Small	\$30.00 + Tax
Large	\$60.00 + Tax

Beverages

Coffee/Hot Tea.....Small	\$2.40.....Medium	\$2.60.....Large	\$2.80
Box of Coffee to go with fixings (serves 10 people)	\$22.00		
Maple Iced Coffee.....	\$4.25		

Anthony's Italian Market Reserve, Joe's Teas and Lemonade,
Tropicana Juice, Coke, Diet Coke, Milk, Chocolate Milk,
La Colombe Cold Brewed and La Colombe Draft Latte.
We Brew La Colombe, Anthony's & New England Coffee.
We also provide a variety of herbal teas.

Spreads

Flavored Cream Cheese.....\$6.75

Apple Cinnamon • Blueberry • Strawberry
Maple Walnut Raisin • Confetti Cake • Chive
Vegetable • Low Fat Vegetable • Jalapeno

Plain Cream Cheese	\$5.25
Butter.....	\$5.25
Whitefish	\$9.50
Smoke Salmon	\$8.50

Monday – Sunday
6:00 am to 3:00 pm



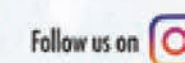
A great bagel
in a great town.



HARBOR PLAZA
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www.townshipbagel.com



BREAKFAST • LUNCH • CATERING



Bagels & Schmears

All flavored cream cheese is housemade
Add Avocado \$1.50 • Add Breakfast Meat \$2.25 • Add Veggie \$1.00 • Add Jelly \$0.50
Side Flavored Cream Cheese \$2.95 • Side Plain Cream Cheese \$2.25

Bagel with Butter.....	\$2.70
Bagel or Toast with Avocado.....	\$4.65
Bagel with Cream Cheese.....	\$3.75
Bagel with Flavored Cream Cheese	\$4.65
Bagel with Cream Cheese & Bacon	\$5.50
Bagel with Flavored Cream Cheese & Bacon.....	\$6.75
Bagel with Flavored Cream Cheese, Bacon & Avocado	\$7.99
Bagel with Peanut Butter & Jelly	\$3.75
Bagel with Nova & Cream Cheese	\$12.00
With Flavored Cream Cheese.....	\$12.50
Bagel with Nova (Cream Cheese, Romaine Lettuce, Tomato, Onion and Capers).....	\$13.50
With Flavored Cream Cheese.....	\$14.50
Bagel with Whitefish	\$8.75
Bagel with Smoked Salmon Spread	\$7.75

Build your own Breakfast

Sandwich or Burrito
Dine in and get a free side of potatoes or sautéed vegetables

Meats - Bacon, Porkroll, Sausage, Ham, Scrapple, Turkey, Turkey Bacon, Turkey Sausage, Chorizo or Steak

Cheese - American, Swiss, Provolone, Mozzarella, Pepperjack, Cheddar or Feta

Veggies - Spinach, Broccoli, Peppers, Onion, Asparagus, Mushroom & Tomato

Bread - Bagel (check last page for flavors), Croissant, Flour Tortillas (White, Honey Wheat, Sundried Tomato, and Spinach & Herbs), English Muffins, Bread (White, Wheat or Rye), Kaiser Roll & Sourdough Panini

Breakfast Burrito \$10.55
Made with 3 Eggs, 1 choice of Meat, 1 choice of Cheese & 1 choice of Vegetable

Breakfast Sandwiches

Made with 2 Eggs	
Egg Sandwich	\$5.00
Meat Sandwich	\$6.35
Egg and Cheese	\$6.20
Meat, Egg and Cheese	\$7.99
Veggie, Egg and Cheese (Choice of 1 vegetable)	\$7.20
Meat and Cheese	\$7.75
Meat and Egg	\$6.99
Steak, Egg and Cheese	\$8.55
Meat, Egg and Cheese on French Toast/Pancake	\$9.75
Jalapeño, Avocado, Egg and Cheddar	\$7.25
Veggie Delight Sandwich	\$8.55
(Spinach, Broccoli, Peppers, Onion, Mushrooms, Egg-whites and your choice of Cheese)	
Burritos (Made with Eggs).....	\$10.00

Extras
Breakfast Meat \$1.50 • Steak \$1.99 • Grilled Chicken \$2.99 • Nova \$7.50 • Egg \$1.25 • Egg White \$1.25 • Cheese/Cream Cheese/Flavor Cream Cheese \$1.25 • Veggie \$1.00

Signature Omelette

Made with 3 Eggs • Served with a side of Potato and Bread / Bagel of your choice (if available)

Cheese Omelette	\$9.95
Ham, Sausage, Pork-roll or Bacon & Cheese Omelette	\$11.99
With Steak or Chicken.....	\$12.95
Spinach & Feta Omelette.....	\$11.15
Broccoli & Cheddar Omelette	\$11.15
Spanish Omelette (Peppers, Onions, Salsa and Cheddar Cheese).....	\$11.75
Western Omelette (Ham, Peppers, Onions, and your choice of Cheese).....	\$11.75
Veggie Delight Omelette	\$12.99
(Spinach, Broccoli, Peppers, Onion, Mushrooms, Egg-whites and your choice of Cheese)	
Asparagus, Onion and Swiss Cheese Omelette	\$10.60
Zucchini, Onion and Cheese Omelette	\$10.60
Fried Avocado, Grill Tomato, Mozzarella Omelette	\$12.75
The Fresh Nova Omelette (Tomato, Onion, Capers, and Chive Cream Cheese)	\$13.99
Philly Steak Omelette (Cherry Peppers, Onions & your choice of Cheese)	\$13.50

Breakfast Platter

#1. 2 Eggs (side Potato & choice of Bagel or Toast).....	\$8.99
#2. 2 Eggs (choice of Breakfast Meat, side Potato & choice of Bagel or Toast)	\$10.99
#3. French Toast (3) (choice of Breakfast Meat)	\$12.99
#4. Pancake (3) (choice of Breakfast Meat).....	\$12.99
#5. 2 Eggs (choice of Potato & (1) French Toast or Pancake)	\$12.99
#6. 2 Eggs (choice of Breakfast Meat, side of Potato & (1) French Toast or Pancake).....	\$13.25

Breakfast Favorites

Toppings: Banana or Chocolate Chip \$1.00 • Banana and Chocolate Chip \$1.50 • Blueberry or Strawberry \$1.00 • Blueberry and Strawberry \$2.50 (on top of French Toast/in pancake)

French Toast (3).....	\$10.99
Short Stack French Toast (4 small)	\$8.85
Stuffed French Toast (Blueberry, Strawberry or Banana Nut).....	\$11.95
Pancakes (3)	\$10.99
Short Stack Pancakes (4 halves)	\$8.85
Bacon Pancakes	\$10.70
Breakfast Quesadilla	\$13.25
(Eggs, Corn, Black Beans, Peppers, Onions, Pepperjack Cheese topped with fresh Avocado with a side of breakfast potatoes, a side of salsa and sour cream)	
Cream Chip Beef.....	\$12.50

Breakfast Sides

Breakfast Meat (Bacon, Sausage, Turkey Bacon, Turkey Sausage, Ham, Pork-roll)	\$4.25
Steaks (thinly sliced steaks)	\$4.99
Grilled Chicken (One Piece).....	\$6.99
Side Scrambled (2) Eggs.....	\$2.99
Side of Potatoes.....	Small \$3.99.....Large \$7.99
Side of Avocado.....	\$1.60

Sweet Treats

Muffins • Danish • Brownies.....\$2.75 • Cookie.....\$2.00 • Crumb Cake.....\$3.00

Delicatessen Sandwiches

All Sandwiches can be served on your choice of Bagel, Croissant, Kaiser Roll, Bread (White, Rye and Wheat) or Flour Tortillas. Served with a side of pickles, chips and coleslaw.

Egg Salad.....	\$9.99
Chicken Salad.....	\$12.99
Tuna Salad.....	\$12.99
Waldorf Chicken Salad (Cranberries, Walnuts & Apples).....	\$12.99
Tavern Ham and Cheese.....	\$11.50
Cold Roasted Turkey and Cheese.....	\$11.50
BLT	\$8.99
Turkey Avocado (Turkey, Fresh Avocado, Swiss Cheese, Lettuce & Tomato)	\$12.99
Corned Beef Special (Coleslaw, Russian Dressing & Swiss Cheese)	\$12.50
Turkey Special (Coleslaw, Russian Dressing & Swiss Cheese)	\$12.50
Turkey Club (Turkey, Bacon, Mayo, Lettuce & Tomato)	\$12.99

Grilled Chicken Sandwich

All Sandwiches can be served on your choice of Bagel, Croissant, Kaiser Roll, Bread (White, Rye or Wheat) or Flour Tortillas. Served with a side of pickles, chips and coleslaw.

The Milano (Provolone & Spinach).....	\$13.25
The Santa Fe (Mixed Peppers, Onions, & Provolone).....	\$13.25
The Smoking’ Hickory (Bacon, Swiss Cheese & BBQ Sauce)	\$13.25
The Buffalo (American Cheese, Hot Sauce, Ranch or Blue Cheese Dressing).....	\$13.25
The Caesar (Romaine Lettuce, Shredded Parmesan and Caesar Dressing)	\$13.25
The Fiesta (Mixed Peppers, Onion, Pepperjack Cheese & a side of Sour Cream)	\$13.25
The Avocado Club (Bacon, Fresh Avocado, Romaine Lettuce, Tomato, and Chipotle Mayo)	\$13.25

Classic Grilled Favorites

All Sandwiches can be served on your choice of Bagel, Croissant, Kaiser Roll, Bread (Rye, Wheat or White) or Flour Tortillas. Served with a side of pickles, chips and coleslaw.

Open Faced Tuna Melt (Tomato and your choice of Cheese)	\$12.99
Grilled Corned Beef Reuben (Sauerkraut, Swiss Cheese & Russian Dressing)	\$12.99
Grill Turkey Reuben (Coleslaw, Swiss Cheese & Russian Dressing)	\$12.99
Grilled Cheese	\$6.95
Grilled Cheese & Bacon	\$8.45
Grilled Cheese & Tomato	\$7.50
Grill Veggie Wrap.....	\$10.35
Grilled Ham, Apple and Cheddar Panini	\$10.65
Grilled Pesto, Tomato & Mozzarella Panini	\$10.15
Maple Grilled Cheese Panini	\$9.05
Pizza Bagel.....	\$7.65

Quesadilla

Flour Tortillas flavors- Honey Wheat, Spinach and Herbs, Sun-dried Tomato and Plain
Served with a side of pickles, chips, coleslaw, salsa and sour cream

Cheese Quesadilla	\$8.65
Grilled Chicken and Cheese Quesadilla	\$13.25
Grilled Veggie and Cheese Quesadilla	\$10.25

Signature Salads

Tossed Garden Salad (with Carrots, Tomatoes, Cucumber and your Choice of Salad Eggs, Chicken, or Tuna)	\$10.45
Grilled Chicken Caesar (with Croutons, Shredded Parmesan Cheese & Grilled Chicken)	\$13.25
Grilled Chicken BLT Salad	\$13.25
Grilled Chicken Apple (Cranberries, Walnuts, Apples and Feta Cheese)	\$13.75
Cobb Salad (Rows of Bacon, Chopped Eggs, Feta Cheese, Turkey and Tomato)	\$10.95
With Grilled Chicken & fresh Avocado	\$14.25
Grilled Chipotle Chicken Salad (Grilled Peppers, Onions, Melted Cheddar, Tortilla Chips and Chipotle Ranch Dressing)	\$14.65

Dressing: Blue Cheese • Caesar • Creamy Italian • Honey Mustard • Russian • Balsamic Vinaigrette • Raspberry Vinaigrette • Balsamic Vinegar

