

Party Trays

Breakfast Sandwich Tray \$6.15 per sandwich

Sandwiches available on Bagels, Wraps, Rolls, Croissants, Rye Bread.

Sandwiches are cut in half, wrapped & labeled.

Prepared Sandwich Trays.....\$7.00 per person

Egg Salad, Tuna Salad, Chicken Salad, *Turkey & Cheese, Roast Beef & Cheese, Corned Beef & Cheese, *Ham & Cheese and Pastrami & Cheese.

Choice of Wraps, Rye Bread, Kaiser Rolls, Croissants & Bagels.

One Dozen Bagel Tray \$27.95 + tax

Includes: 1 Container of Butter • 1 Container of Plain Cream Cheese

1 Container of Specialty Cream Cheese & Assorted Jellies

Two Dozen Bagel Tray \$37.95 + tax

Includes: 1 Container of Butter • 2 Containers of Plain Cream Cheese

1 Container of Specialty Cream Cheese & Assorted Jellies

Bagel Varieties

\$1.25 Each / \$12.75 Bakers Dozen

Plain • Egg • Blueberry • Cinnamon Raisin • Garlic • Marble

Everything • Whole Wheat Everything • Sesame • Onion • Rye

Poppy • Salt • Whole Wheat • Chocolate Chip • Pumpernickel

French Toast • Jalapeno • Six Grain • Cranberry Whole Wheat

Cinnamon Raisin Sugar • Rainbow

Sweet Trays

Assortment of crumb cakes, brownies, danish, muffins & biscotti.

20 Halves.....\$25.00

30 Halves.....\$35.00

40 Halves.....\$45.00

Fruit Trays (Must be ordered 48 hours in advance)

Small (10 people).....\$30.00

Large (15-20 people)\$60.00

Beverages

	Small	Medium	Large
Coffee / Hot Tea.....	\$2.25	\$2.40	\$2.60
Box of Coffee to go with fixings (serves 10 people)			\$19.00
Maple Iced Coffee (One Size)			\$4.50

Anthony's Italian Market Reserve, Joe's Teas, Tropicana, Nakeds, V8, Tazo Tea, Kevita, Coke, Diet Coke, Water, Milk, Chocolate Milk, LaColombe Iced Black Coffee, LaColombe Draft Latte

We brew La Colombe & New England Coffee.

We also offer a variety of natural juices & herbal teas.

Microroaster — Anthony's & LaColombe

Spreads House Made!

Flavored Cream Cheese Spreads.....\$5.25 each – 8 oz.

Vegetable • Low Fat Vegetable • Jalapeno • Chive

Strawberry • Blueberry • Maple Walnut Raisin

Apple Cinnamon • Pumpkin (Seasonal) • Confetti Cake

Plain Cream Cheese\$3.75 – 8 oz.

Regular Butter.....\$4.75 – 8 oz.

Breakfast Butter.....\$6.25 – 8 oz.

Whitefish.....\$6.75 – 8 oz.

Smoked Salmon.....\$6.50 – 8 oz.

Monday – Sunday
6:00 am to 3:00 pm



A great bagel
in a great town.



HARBOR PLAZA
288 Egg Harbor Road
Sewell, NJ 08080

856-589-6396 • FAX 856-589-6511

www.townshipbagel.com



BREAKFAST • LUNCH • CATERING



Bagels & Schmears

All flavored cream cheese is housemade.

Bagel with Butter.....	\$2.45
Bagel with Cream Cheese.....	\$3.35
Bagel with Flavored Cream Cheese.....	\$3.99
Bagel with Cream Cheese & Bacon.....	\$4.35
Bagel with Flavored Cream Cheese & Bacon.....	\$5.99
Bagel with Flavored Cream Cheese, Bacon & Fresh Avocado	\$6.50
Bagel with Peanut Butter & Jelly.....	\$3.25
Bagel with Nova & Cream Cheese.....	\$10.25
Bagel with Nova (Romaine Lettuce, Onion, Cream Cheese & Capers).....	\$11.25
Bagel with Whitefish.....	\$6.75
Bagel with Smoked Salmon Spread.....	\$5.99

Build your own Breakfast

Sandwich or Burrito

Dine in and get a free side of breakfast potatoes or sautéed vegetables.

Meats — Bacon, Porkroll, Sausage, *Ham, Scrapple, Turkey Bacon, Turkey Sausage & Steak

Cheese — American, Swiss, Provolone, Mozzarella, Pepperjack, Cheddar & Feta

Veggies —Spinach, Broccoli, Avocado, Peppers, Onions, Mushrooms & Tomato

Breads — Bagel, Croissant, Burrito, English Muffin, White, Wheat, Rye, Kaiser Roll & Sour Dough Panini

Breakfast Burritos

Made with three eggs

Burrito Flavors are Plain, Honey Wheat, Spinach & Herb, Tomato Basil

Breakfast Sandwiches

Made with two eggs. Any sandwich made with egg whites add .75

Egg & Cheese	\$4.85
Meat & Egg	\$5.50
Meat, Egg & Cheese.....	\$6.15
Veggie, Egg & Cheese (Choice of 1 Vegetable).....	\$5.99
Meat & Cheese	\$5.99
Steak, Egg & Cheese.....	\$7.25
Meat, Egg & Cheese on French Toast or Pancakes.....	\$7.99
Breakfast Burritos (Made with 3 Eggs)	\$6.75
Jalapeno, Avocado, Egg & Cheddar.....	\$5.99
Veggie Delight Sandwich	\$7.99

Breakfast Sides

Breakfast Meat.....	\$3.75	
Side of Potatoes.....	Small \$2.99	Large \$5.75
Extra Meat \$1.00 • Extra Egg \$1.00 • Extra Cheese \$.75 • Extra Veggies \$.75		
Egg Whites \$.75		

Signature Omelettes

Made with three eggs and served with a side of potatoes or sautéed vegetables & your choice of toast or bagel.

Cheese Omelette.....	\$7.99
*Ham, Sausage, Bacon or Pork Roll & Cheese Omelette.....	\$9.25
Spinach & Feta Omelette.....	\$8.75
Broccoli & Cheese Omelette.....	\$8.75
Spanish Omelette (Peppers, Onions, Salsa, & Cheddar)	\$9.25
Western Omelette (*Ham, Peppers, Onions & your Choice of Cheese)	\$8.75
Veggie Delight Omelette	\$9.99
(Spinach, Broccoli, Peppers, Onions, Mushrooms, Egg Whites & your Choice of Cheese)	
Asparagus, Onion, Swiss Cheese Omelette.....	\$10.25
Zucchini, Onion, Cheese Omelette.....	\$9.99
Fried Avocado, Grilled Tomato, Mozzarella Omelette.....	\$10.25
Fresh Nova, Tomato, Onion, Capers, Chive Cream Cheese Omelette.....	\$11.50
Philly Steak Omelette (Cherry Peppers & Fried Onions)	\$10.25

Breakfast Platters

#1	2 Eggs (Side of Potatoes, Your Choice of Toast or Bagel).....	\$5.99
#2	2 Eggs (Side of Potatoes, Side of Breakfast Meat, Your Choice of Toast or Bagel)	\$7.99
#3	French Toast (3) (Side of Breakfast Meat)	\$9.50
#4	Pancakes (3) (Side of Breakfast Meat).....	\$9.50
#5	2 Eggs (Side of Potatoes, 1 Slice of French Toast or 1 Pancake).....	\$8.25
#6	2 Eggs (Side of Potatoes, Side of Breakfast Meat, 1 Slice of French Toast or 1 Pancake)	\$9.50

Breakfast Favorites

French Toast (3).....	\$7.99
Short Stack French Toast	\$7.25
Stuffed French Toast(Strawberry, Blueberry or Banana Nut)	\$9.99
Banana & Chocolate Chip French Toast.....	\$9.99
Pancakes (3)	\$7.99
Short Stack Pancakes (4)	\$7.25
Chocolate Chip Pancakes.....	\$8.99
Blueberry Pancakes.....	\$9.99
Short Stack Chocolate Chip Pancakes	\$7.99
Bacon Pancakes.....	\$9.99
Breakfast Quesadillas - Eggs, Corn, Black, Beans, Peppers, Onions, Pepperjack Cheese, Topped with fresh Avocado, Side of Potatoes, Salsa, & Sour Cream	\$10.50
Creamed Chip Beef	\$10.50

Sweet Treats

Muffins	\$2.50
Danish, Brownies or Crumb Cake.....	\$2.50
Donna's Home Made Biscotti (Assorted Variety).....	\$2.50

Delicatessen Sandwiches

All sandwiches can be served on your choice of Bagel, Croissant, Kaiser Roll, Wrap, White, Wheat or Rye bread.

Sandwiches are served with a side of chips & pickles.

Turkey & *Ham humanely raised

Egg Salad	\$7.99
Chicken Salad	\$8.99
Tuna Salad	\$8.75
Waldorf Chicken Salad (Cranberries, Walnuts & Apples).....	\$9.99
Tavern *Ham & Cheese	\$8.75
Cold Roast Beef & Cheese.....	\$8.75
Cold Roast *Turkey & Cheese	\$8.75
BLT.....	\$6.75
*Turkey Avocado (*Turkey, Swiss, Fresh Avocado, Lettuce & Tomato)	\$9.50
Corned Beef Special (Swiss Cheese, Cole Slaw & Russian Dressing).....	\$9.50
*Turkey Special (Cole Slaw, Russian Dressing & Swiss Cheese)	\$9.50
*Turkey Club (*Turkey, Bacon, Mayo, Lettuce & Tomato)	\$9.75

Classic Grilled Favorites

Served with a side of chips & pickles.

Open Face Tuna Melt (with your choice of cheese).....	\$9.25
Roast Beef Melt (Provolone, Horseradish Mayo).....	\$9.50
Grilled Corned Beef Reuben (Sauerkraut, Swiss Cheese & Russian Dressing)..	\$9.99
Grilled *Turkey Reuben (Cole Slaw, Swiss & Russian Dressing)	\$9.99
Grilled Cheese	\$5.75
Grilled Cheese & Bacon	\$6.75
Grilled Cheese & Tomato	\$6.25
Grilled Veggie Wrap (Provolone Cheese, Spinach, Onions, Roasted Red Pepper & Mushrooms).....	\$8.75
Grilled *Ham, Apple, Cheddar Panini.....	\$9.99
Grilled Pesto, Tomato, Mozzarella Panini	\$9.50
Maple Grilled Cheese Panini	\$8.25
Pizza Bagel	\$6.99

Quesadillas

Served with chips & pickles with a side of salsa & sour cream.

Cheese Quesadillas	\$7.99
Grilled Chicken & Cheese.....	\$9.99
Grilled Veggie & Cheese (Spinach, Onions, Red Peppers & Mushrooms)	\$8.99

Grilled Chicken Sandwiches

Served on a Bagel, Wrap, Panini or Roll. Served with a side of chips & pickles.

The Milano (Grilled Chicken with Provolone & Spinach)	\$9.99
The Sante Fe (Grilled Chicken with Provolone, Peppers & Onions)	\$9.99
The Smokin’ Hickory (Grilled Chicken with Barbecue Sauce, Swiss Cheese & Bacon)	\$9.99
The Buffalo (Grilled Chicken with Bleu Cheese or Ranch, Hot Sauce & American Cheese) ...	\$9.99
The Caesar (Parmesan Cheese, Romaine, & Caesar Dressing).....	\$9.99
The Fiesta (Peppers, Onions, Salsa, Sour Cream & Pepperjack Cheese).....	\$9.99
The Avocado Club (Fresh Avocado, Romaine, Tomato, Bacon & Chipotle Mayo)	\$9.99

Signature Salads

Tossed Garden Salad (With your choice of Tuna, Chicken or Egg Salad)	\$9.50
Grilled Chicken Caesar (with Croutons & Parmesan Cheese).....	\$9.99
Grilled Chicken BLT	\$9.99
Grilled Chicken Apple.....	\$10.50
(Cranberries, Glazed Walnuts, Granny Smith Apples & Crumbled Feta)	
Cobb Salad (Rows of Bacon, Chopped Egg, Feta Cheese, *Turkey & Tomato)	\$9.99
(With Grilled Chicken & Fresh Avocado).....	
Grilled Chipotle Chicken Salad (Peppers, Onions, Melted Cheddar & Tortilla Chips) (With a chipotle ranch dressing on the side)	\$9.99

Dressings:

Caesar • Italian • Ranch

Bleu Cheese • Russian • Raspberry Vinaigrette

Balsamic Vinaigrette • Honey Mustard

Daily Soups

Seasonal

Cup - \$5.50

